Fluoride and Fluorosis Mitigation training aims to prepare the practitioners/communities to create awareness in the society on severe health impacts of consuming contaminated water and mitigations measures. This workshop focuses to sensitize and provide the knowledge about the sources, prevalence and ingestion of fluoride, major cause of fluorosis, and its management, mitigation and prevention. The workshop will also provide an opportunity for participants to learn testing for fluoride in water.

Upon completion of the workshop participants will be able to:
- Sensitize the communities on link between fluoride and fluorosis
- Test the fluoride in water
- Motivate people living in fluoride and fluorosis prevalence area to adopt fluoride safe water
- Identify appropriate nutritional behavior for fluorosis management and preventive strategies

Fluoride is one of the most widespread pollutants in water and is the major source of fluorosis. Fluorosis is a serious widespread health issue in India caused by the ingestion of fluoride via water, food, toothpaste, other dental products, drugs, fumes and cosmetic products. According to ministry of health and family welfare (2014) across 19 states 117 lakh people are affected.

Background
A significant portion of the world’s population still does not have access to safe drinking water, sanitation, and hygiene facilities. Less than 50% of India’s population has access to safely managed water. Consumption of unsafe water is still causing sickness and long-lasting impacts among children, especially among low-income households.

Overview
Fluoride and Fluorosis Mitigation training aims to prepare the practitioners/communities to create awareness in the society on severe health impacts of consuming contaminated water and mitigations measures. This workshop focuses to sensitize and provide the knowledge about the sources, prevalence and ingestion of fluoride, major cause of fluorosis, and its management, mitigation and prevention. The workshop will also provide an opportunity for participants to learn testing for fluoride in water.

Objectives
- Sensitize the communities on link between fluoride and fluorosis
- Test the fluoride in water
- Motivate people living in fluoride and fluorosis prevalence area to adopt fluoride safe water
- Identify appropriate nutritional behavior for fluorosis management and preventive strategies

Training Duration & Details
It’s a two-day training programme from 14 to 15 June, 2024. It includes classroom lectures, hands-on activities and real-life case studies. You will have the opportunity to engage with other participants, network with industry professionals and learn from experts in the field.
Learnings
- Water Cycle and Contamination
- Contamination source and health impact
- Fluoride Prevalence
- Sources of Fluoride
- Fluoride Benchmarking and Testing
- Types of Fluorosis
- Fluorosis Management
- Fluorosis Mitigation and Prevention

Eligibility Criteria
The training programme is ideal for anyone working or intending to work on fluoride contamination and fluorosis mitigation. Trainers, Program Managers, Community Motivator, Community Leaders, Medical Officers, Health Promoters, NGO representatives, ASHA and ANMs.

Enrollment
No training fees. Online nomination form is uploaded on the website of NIRDPR and SM Sehgal Foundation. Last date of submission is **05 June 2024**. Selected participants will be informed after scrutiny by the competent authority.

Facilities
Free Lodging & boarding facilities will be provided in NIRDPR, Hyderabad from 13 to 16 June, 2023. Trainees have to make own arrangements for travel to the venue.

Programme Director
Dr. C Kathiresan
Associate Professor & Head

Contact Us
Salahuddin Saiphy
Principal Lead- Water Management
SM Sehgal Foundation
Phone: 9871189564
Email Id: s.saiphy@smsfoundation.org

Mohammad Khan
Senior Consultant
Phone: 9848924111
Email Id: mdkhan.nird@gov.in

Venue
Rural Technology Park,
National Institute of Rural Development and Panchayati Raj,
Rajendra Nagar, Hyderabad - 500030,
Telangana

Registration Link
https://forms.gle/TDhAPDC2nQwkX6Qh9

Helpline: 9848780155
Email Id: ciatsj@nirdpr.org.in
Website: www.nirdpr.org.in

Number Of People Affected By Fluorosis In India

- Rajasthan: 40,04,613
- Telangana: 19,22,783
- Andhra Pradesh: 10,91,394
- Madhya Pradesh: 4,54,054
- Bihar: 4,91,923
- Uttar Pradesh: 1,43,967

Source: Ministry of Health and Family Welfare (Answer to Question 3296 In Lok Sabha On April 1, 2014)